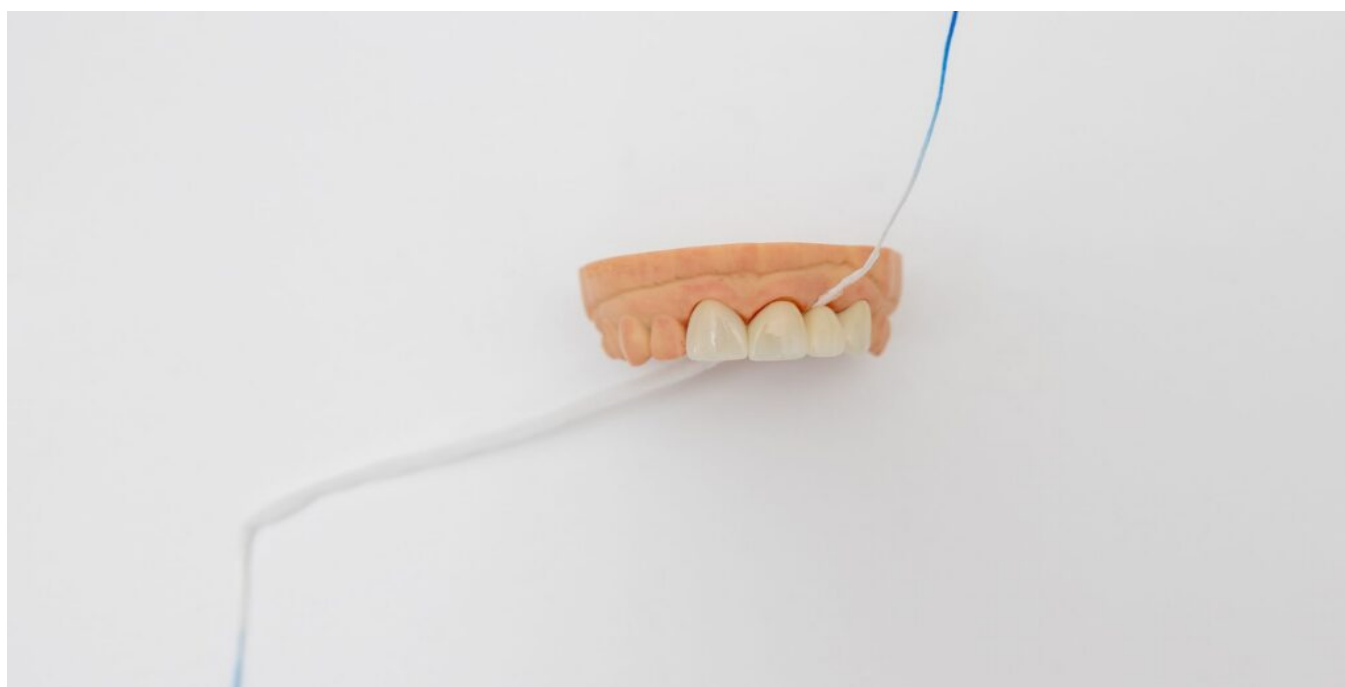




How to instructions

Using special floss or floss threaders to clean under bridges



This article explains how to clean under a bridge with special floss.

- A bridge is a false tooth joined to the teeth next to it.
- If you do not clean under it, food gets trapped and gums get sore. The bridge may fail.
- Ask your dental professional where your bridges are. Get the right products and use them often.
- Superfloss has 3 parts: a stiff end to push through, a soft fluffy part to clean under the false tooth, and a thin floss part.

Steps

1. Find the bridge and the best place to put the floss under it.
2. Push the stiff end under the bridge. Grab it on the other side.

3. Rub the floss back and forth against the real tooth.
4. Pull the fluffy part under the false tooth. It may feel a bit uncomfortable. Do not pull up hard, as this could loosen the bridge.
5. Clean the real tooth at the other end of the bridge.
6. Pull the floss out and throw it away.