



How to instructions

The combined use of GC Tooth Mousse, Toothpaste and dry mouth products



This article explains how to use toothpaste, dry mouth gel and Tooth Mousse together.

- This is for people with a dry mouth and a high risk of decay. For example, older people, people with Sjögren's syndrome, or people who have had radiation treatment.
- Using the products in order helps them work better.
- **Do not use if you have a milk allergy.**

Steps

1. Brush with the recommended toothpaste. Spit out the extra.
2. Put a pea-sized amount of dry mouth gel around the mouth.
3. Then put a pea-sized amount of Tooth Mousse or Tooth Mousse Plus on the teeth.
4. Spread them around the mouth with your finger and tongue for 3 minutes.

5. Spit out the extra.
6. Do not eat or drink for at least 1 hour.

Do not mix the gel and mousse together first. The gel makes the surface moist so the mousse sticks better.