



How to instructions

Personal protective equipment for carers when performing dental procedures.



The use of Personal Protective Equipment (PPE)

Personal protective equipment (PPE) should be worn by personal carers and health workers who are performing, or assisting with, twice-daily oral health care. A face mask, protective eyewear, clinical gloves and a gown or apron should be put on and removed according to infection prevention and control guidelines.

As the mouth contains bacteria, fungi and viruses, PPE prevents transmission of germs from the person to the personal carer or health worker. It also works the other way – it prevents

transmission of diseases from the personal carer or health worker to the person receiving care. As persons receiving care may suffer from more than one chronic illness or condition, simple measures like PPE play a vital role in keeping these people with weakened immune systems in as best health as possible.